

In Vitro Effects of Oxidized Low Density Lipoprotein on Canine Joint Tissues

Kennedy CR, Kuroki K, Stoker AM, Cook JL Comparative Orthopaedic Laboratory, University of Missouri, Columbia, Missouri

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Patients with primary osteoarthritis (OA) commonly have cardiovascular disease (CVD) and it has been reported that cardiovascular mortality is directly proportional to the extent of OA in affected individuals. Although the high incidence of concurrent OA and CVD may be merely an independent feature of advanced age and/or obesity, major risk factors for both, one can speculate that there is a direct link between the two. Altered lipid metabolism may be the underlying cause and could help link OA and CVD. It has been hypothesized that oxidized low density lipoprotein (oxLDL), a causative material of atherosclerosis, is a key molecule that connects these diseases. The aim of this project is to test the hypothesis that oxLDL would induce histological and biochemical changes compatible with OA in a coculture model of joint.

To evaluate the effects of oxLDL on

Results and Figures * Indicates group is significantly different than 0ug/mL control group

For cytokines IL-6, IL-8, KC, MCP-1, and MMPs-1,2,3,9 there were no significant differences between any of the goups (data not shown). GAG and HP concentrations per gram of dried cartilage were not significantly different between any of the groups (data not shown). PGE2 concentration did not vary significantly between any groups (data not shown).







- Chondrocyte viability and density
- Extracellular matrix (GAG, HP)
- **Tissue inflammation (NO, PGE2)**
- ECM degradation (ADAMTS4, MMP)
- Cytokine production (IL-6, IL-8, KC, MCP-1)
- Matrix metalloproteinase production (MMP-1,2,3,9,13)

Methods

All procedures were approved by the IACUC and the animals used were euthanatized for reasons unrelated to this study.

Tissue Harvest and Culture Procedures: 6mm normal cartilage explants (n=36) were sterilely harvested from canine humeral heads using a scalpel. 4mm normal synovium explants (n=36) were sterilely collected from the same animals. Cartilage and synovial explants were co-cultured in 2mL of Dulbecco's modified Eagle's medium (DMEM) with oxLDL at concentrations of 0, 10 or 100µg/ml (n=6 of each group) and incubated at 35°C, 95% humidity, and 5% CO_2 .

Media Collection: 2mL of media was collected from each well on days 3, 6, 9 and 12 of culture and stored in covered media plates at 0°C. After collection, culture wells were refilled with 2mL of appropriate media. All collection procedures were performed in a laminar flow hood using sterile tools to avoid microbial contamination of culture plates. Explant Collection: Cartilage and synovium explants were collected on culture day 6 and 12 (n=18 for each group). Synovium explants and half of each cartilage explant were stored in 10% formalin for histological analysis. The other half of each cartilage explant was used for cell viability testing and biochemical analysis.

Chondrocyte Viability and Density: Immediately after explant collection, viability was determined using fluorescent viability dyes ethidium homodimer and calcein AM, and images of live and dead chondrocyes were collected via flourescent microscopy. Live and dead cells were counted and total tissue area was calculated using a computer algorithm. Viable cell density was determined as the ratio of live cells to tissue area. **Biomarker Analysis: Culture media was assessed for ADAMTS4 (aggrecanase) activity,** total MMP (matrix metalloproteinase) activity, NO (nitric oxide) concentration (Greiss reagent assay), GAG (glycosaminoglycan) concentration (DMMB assay), cytokine (IL-6, IL-8, KC, MCP-1) concentrations, PGE2 (prostaglandin E2) concentration (EIA assay), and MMP-1,2,3,9,13 concentrations. Cartilage samples were dried and digested then analyzed for GAG and HP (hydroxyproline) concentration.

Day 12 0µg/mL oxLDL group had significantly higher viable cell density compared to both of the Day 12 10µg/mL (p=0.003) and 100µg/mL (p=0.001) oxLDL groups



Histological examination did not yield results as profound as was hypothesized but the Day 12 oxLDL 100µg/mL group was significantly more degraded than the Day 12 0µg/mL group (p=0.021).

Fig. 4 – Day 12 Representative images of histological sections stained with toluidine blue. A) 0µg/mL B) 10µg/mL C) 100µg/mL



Fig. 5 – MMP-13 concentration in culture media. MMP-13 was significantly higher in the Day 9 0µg/mL oxLDL group than the Day 9 10µg/mL (p=0.002) and the Day 12 0µg/mL was significantly higher than the Day 12 100µg/mL (p=0.002).

Statistical Analysis: Group comparisons were performed with SigmaPlot® using t-tests with significance set at p<0.05.

Discussion

As we hypothesized, cartilage exposed to oxLDL did result in decreased cell viability causing a decrease in cell density at day 12 of culture (Fig.1). We theorize the decrease in ADAMTS4 and total MMP activity observed in oxLDL treated samples was due to the decrease in the number of viable cells in the tissue during culture. Intriguingly the concentration of nitric oxide, a pro-inflammatory factor, was significantly increased in samples exposed to 100µg/mL oxLDL at all time points (Fig.2). Conversely there was not a significant increase in the production of PGE2 after oxLDL treatment in this model. In previous studies it was found that the synovial explant produces the majority of the PGE2 and the cartilage explant produces the majority of the NO in this model. Therefore it can be speculated that high levels of oxLDL provokes an inflammatory response in cartilage tissue but not synovial tissue in this model. In vivo studies to confirm the NO mediated inflammatory response in articular cartilage resulting from high concentration oxLDL exposure need to be performed but this study provides evidence that a altered lipid metabolism may play a role in the initiation and progression of osteoarthritis.



oxide concentration was significantly higher in all 100µg/mL oxLDL groups compared to their respective 10µg/mL and 0µg/mL oxLDL groups (p<0.004 for all).





Fig. 6 – A) ADAMTS4 activity in culture media. Day 6 0µg/mL and 10µg/mL oxLDL had significantly higher ADAMTS4 activity compared to the Day 6 100µg/mL oxLDL groups (p=0.002, Day 9 Day 12 p=0.012). Day 9 0µg/mL showed significantly higher ADAMTS4 Fig. 3 – GAG concentration in culture media. Day 9 and activity than Day 9 100µg/mL (p=0.031). B) Total MMP activity in Day 12 0µg/mL oxLDL groups had significantly higher culture media. Day 6, 9, and 12 0µg/mL oxLDL and 10µg/mL GAG concentrations in their culture media compared to oxLDL groups both had significantly higher MMP activity their respective 10µg/mL and 100µg/mL oxLDL groups compared to their respective 100µg/mL oxLDL groups (p<0.043 (p<0.026 for all). for Day 6, p<0.004 for Day 12).

Significance

Groups exposed to oxLDL for 12 days showed reduced viable cell density

High concentration (100µg/mL) oxLDL exposure causes elevated nitric oxide

High oxLDL levels can induce an inflammatory response in articular cartilage

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