Veterans and Shelter Dogs Initiative: Adoptability Among Shelter Dogs

## INTRODUCTION

- Annually, tens of thousands of unwanted dogs arrive at animal shelters nationwide where they live in caged runs with limited positive human interaction

It is proposed that regular obedience training by a U.S. military veteran may facilitate shelter dogs' adoptability, while providing constructive activity and enabling veterans' stress and trauma relief.

## AlMS

1: To identify the adoption rates among the canine participants of the study.

2: To determine to what extent dogs receiving basic obedience training from veterans have better behavior scores than the control group not receiving training.

## METHODS

- Dogs from the Central Missouri Humane Society are matched for size and randomly assigned to either the dog training or control group.
- Dogs in the training group receive one hour of training, twice per week, for at least two weeks with a veteran.

Each weekday, all study dogs (training and control) have their behavior assessed by an assessor blinded to group assignment using a standardized behavior assessment. Lower scores indicate better behavior.


| Dog Demographics |  | Training Group <br> $n=122$ | Control Group <br> $n=119$ |
| :--- | :--- | :---: | :---: |
| Gender | Male | $59(48 \%)$ | $55(46 \%)$ |
|  | Female | $63(52 \%)$ | $64(54 \%)$ |
| Age in Years | Mean (range) | $2.23(1-9)$ | $2.22(1-8)$ |
| Outcome | Adoption | $99(81 \%)$ | $87(73 \%)$ |
|  | Foster | $7(16 \%)$ | $13(11 \%)$ |
|  | Rescue | $12(10 \%)$ | $12(10 \%)$ |
|  | Euthanasia | $4(3 \%)$ | $7(6 \%)$ |

2: Behavior Score Findings

| Dog Demographics |  | Training Group | Control Group |
| :---: | :---: | :---: | :---: |
| Gender | Male | 21 (48\%) | 25 (53\%) |
|  | Female | 23 (52\%) | 22 (47\%) |
| Age in Years | 1-2 | 30 (68\%) | 27 (57\%) |
|  | 3-5 | 12 (27\%) | 18 (38\%) |
|  | >5 | 2 (5\%) | 2 (5\%) |
| Size (measured at the shoulder) | Small (15") | 16 (36\%) | 18 (38\%) |
|  | Medium (16-24") | 26 (59\%) | 29 (62\%) |
|  | Large ( $\geq 25^{\prime \prime}$ ) | 2 (5\%) | 0 (0\%) |
| Dog Obedience Skill Exam Scores |  | Training Group $n=44$ | Control Group $n=47$ |
| Total score within group comparison | Pre Range (median, mean) | 4-20 (12.5, 12.41) | 4-20 (13.00, 12.60) |
|  | Post range (median, mean) | 4-20 (12.0, 11.75) | 4-20 (12.00, 12.60) |
|  | Score change | -9-14 (0.00, 0.66) | -12-14 (0.00, 0.00) |
|  |  | $p=0.9527$ | $p=0.4454$ |
| Between group comparison on total behavior change score |  | $p=0.7186$ |  |

## OUTCOMES

1: Preliminary findings concluded that basic obedience training of shelter dogs could increase adoptability and decrease euthanasia.

2: Dogs in the training group received better behavior assessment scores than dogs in the control group.


Project was made possible by:


